

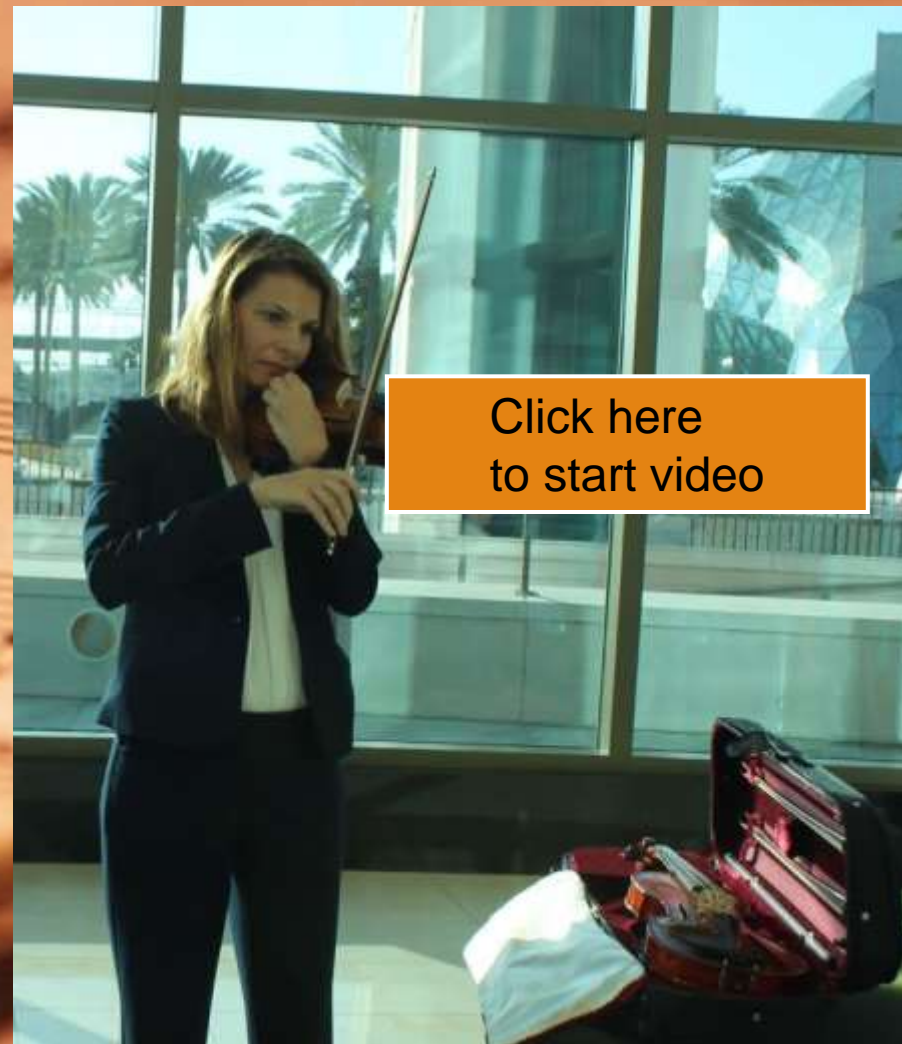
# Lesson 1

Forming the Correct BOW HOLD

# Content

1. Please watch the video demonstrating how to form a correct Bow hold.
2. Review the Key Concepts on the following slides.

# Video



# Right Hand Formation

- Bent Thumb
- TIP of thumb connects with 1<sup>st</sup> joint of MIDDLE Two Fingers
- Hand is relaxed
- Fingers and thumb form a shape similar to O





# Things to Consider

- If your thumb or Fingers are NOT SOFT AND NATURALLY BENT – this could contribute to excess tension in your right hand that would affect the quality of sound produced when the bow is used on the violin strings.
- If your thumb and fingers do NOT INTERSECT at the correct joint, this could affect your ability to draw a rich tone out of your instrument.
- If your WRIST is locked or unnaturally cocked, this can cause your instrument to sound squeaky when you play it.